



## Sunday

**10:00am** H K D Clean Club– Spofford & Post (Fellowship Hall)  
**12:00pm** D A K The Nooners– 303 W. 2<sup>nd</sup> Ave. (Our Club)  
**7:00pm** D H K SS Wrap up– 1222 W. 2<sup>nd</sup> Ave.  
**9:45pm** K B Crazy NA-Roots Hall 1717 W NW BLVD

## Monday

**12:00pm** D A K SS The Nooners–303 W. 2<sup>nd</sup> Ave. (Our Club)  
**5:45pm** A 6 O'clock @ 5:45 Roots Hall 1717 W NW B  
**6:00pm** A H K Hugz not Drugz-901 N. Monroe 3<sup>rd</sup> floor  
**7:00pm** K H B Mon. Night Miracles-202 N. Pines Rd. (Valley)  
**8:00pm** H K SS B Addicts in Action– 315 S. Spruce (Church)  
**9:45pm** K B Crazy NA-Roots Hall 1717 W NW BLVD.

## Tuesday

**12:00pm** D A K SS The Nooners–303 W. 2<sup>nd</sup> Ave. (Our Club)  
**5:30pm** C A K You Grow Girl- 901 N. Monroe 3<sup>rd</sup> floor (women)  
**5:45pm** A 6 O'clock @ 5:45 Roots Hall 1717 W NW B  
**7:00pm** C H SS D Lost and Found- 1222 W. 2<sup>nd</sup> (NO kids under 10)  
**7:00pm** A K H Northside NA- 4520 N. Crestline  
**9:30pm** A K H New Beginnings- Hoot Owl 2016 E. Sprague.  
**9:45pm** K B Crazy NA-Roots Hall 1717 W NW BLVD.

## Wednesday

**12:00pm** D A K The Nooners–303 W. 2<sup>nd</sup> Ave. (Our Club)  
**12:00pm** A SP Wi.N.A-Roots Hall 1717 W NW Blvd. (women)  
**5:45pm** A 6 O'clock @ 5:45 Roots Hall 1717 W NW B  
**6:30pm** A CL Recovery by Candlelight– 827 W. Cleveland  
**7:30 pm** C B H K SS Brothers Living Clean-1222 W. 2<sup>nd</sup> Ave (Men)  
**9:45pm** K B Crazy NA-Roots Hall 1717 W NW BLVD.

## Thursday

**12:00pm** D A K SS The Nooners–303 W. 2<sup>nd</sup> Ave. (Our Club)  
**5:45pm** A 6 O'clock @ 5:45 Roots Hall 1717 W NW B  
**7:00pm** D H K Thursday Night Moved Again 1222 W. 2<sup>nd</sup> Ave  
**7:00pm** SS Back to Basics- Text study. Roots Hall  
**7:30pm** A SS Thursday Night Literature Study 2102 E.  
Everett Ave.  
**9:30pm** A K H New Beginnings Hoot Owl 2016 E. Sprague Ave  
**9:45pm** K B Crazy NA-Roots Hall 1717 W NW BLVD.

## Friday

**12:00pm** D SP A K The Nooners – 303 W. 2<sup>nd</sup> Ave. (Our Club)  
**5:45pm** A 6 O'clock @ 5:45 Roots Hall 1717 W NW B  
**7:30pm** SPA Friday Night Speaker Meeting 1700 W. 7<sup>th</sup> Ave  
**6:00pm** A SS Step Sisters -1700 W. 7<sup>th</sup> Ave (Women)  
**9:45pm** K B Crazy NA-Roots Hall 1717 W NW BLVD. 111  
**11:15pm** K A NA After Hours Roots Hall 1717 W NW BLVD.

## Saturday

**10:00am** K A H Clean & Serene-214 N. Cedar  
Peaceful Valley Community Center  
**12:00pm** D A K The Nooners – 303 W. 2<sup>nd</sup> (Our Club)  
**6:30pm** LGBT A Regardless of.... -927 S. Perry (Temple)  
**8:15pm** A CL K H Saturday Night NA 1700 W. 7<sup>th</sup> (Alano Club)  
**9:45pm** K B Crazy NA-Roots Hall 1717 W NW BLVD  
**11:15pm** K A NA After Hours Roots Hall 1717 W NW BLVD

## MEETINGS OUTSIDE SPOKANE

### **MON- Colville- Dopeless Hope Fiends- 7:00pm**

(Garden Holmes Medical Center lower level, 143)

**Ritzville-Just for Today NA-7:00pm-109 W. Main**

### **THUR -Newport- 7:00pm- Unloaded -612 W. 1st**

**Colville- 7:30pm -Dopeless Hope Fiends**

(Youth Center 401 North Wynne Street)

## **Lewiston, ID/Clarkston, WA**

**Mon-** Lewiston 12:00pm **Never Alone** Roxy Theatre 714 Main St.

**Tues-**Lewiston-12:00pm **Willing Addicts in Recovery**-1720 18<sup>th</sup> Ave

**Tues-**Lewiston-7pm-**Never Alone**-1830 Ave. North

**Wed-**Lewiston-7pm-**Willing Addicts in Recovery** -St Joseph's Hospital  
C SS

**Wed-**Lewiston 12:00pm-**Never Alone** Roxy Theater 714 Main St

**Thurs-**Lewiston-7pm-**Never Alone**-Behind Church 347 Thain Rd  
(*Agape Hall*)

**Fri-**Lewiston 7pm-**Willing Addicts in Recovery**- St. Joseph Hospital  
(2<sup>nd</sup> floor Conference Room B)

**Sat-**Clarkston-7pm-**Willing Addicts in Recovery**- Alano Club 1435 S  
Elm St. (last meeting of the month is a key tag meeting)

**Sun-**Lewiston-7pm-**Never Alone**- @ 1830 N. 6<sup>th</sup> Ave

## **Pullman, WA**

**Tuesday, Thursday, Friday and Saturday**

**7:00pm** **Pullman- Recovery Quest** NE 1125 Stadium Way  
(Church Basement Door) (Sat is CL and K)

## **Orofino ID**

**Sun-7-8pm Down Payment on Life** 10494 Hwy 12  
(Stoddards Electric)

### *Legend*

**"C"**-----*(closed)* Meeting is for addicts only  
**"CL"**-----*Candle Light*  
**"H"**-----*Handicap Accessible Meeting*  
**"SP"**-----*Speaker Meeting*  
**"SS"**-----*Step/Tradition/Literature Study Meeting*  
**"K"**-----*Key Tag Meeting*  
**"A"**-----*1 Hour Meeting*  
**"B"**-----*1 1/4 Hour Meeting*  
**"D"**-----*1 1/2 Hour Meeting*  
**"LGBT"**-----*All are welcome*

### **Upcoming NA Activities**

**NA Bowling @ North Bowl**  
**125 West Sinto Ave. Spokane, WA 99201**  
**Starts Friday Nov 4<sup>th</sup> 9-11pm and will continue bi-weekly**  
**throughout the winter months.**

## ***What is the Narcotics Anonymous Program?***

N.A. is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work. There are no strings attached to N.A. We are not affiliated with any other organization, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion or lack of religion. We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

## ***THE TWELVE STEPS OF NARCOTICS ANONYMOUS***

1. We admitted we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked him to remove our shortcomings.
8. We made a list of persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscience contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

## ***WHO IS AN ADDICT?***

Most of us do not have to think twice about this question. We know! Our whole life and thinking was centered in drugs in one form or another– the getting and using and finding ways and means to get more. We lived to use and used to live. Very simply, an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same, jails institutions, and death.